

EXERCISE PRESCRIPTION (GRADUATE CERTIFICATE)

The graduate certificate program in Exercise Prescription is a four-course, twelve-credit, online graduate certificate program. The program provides advanced knowledge in exercise prescription for individuals working in healthcare, personal training, fitness and kinesiology industries. Admission to the graduate program in Exercise Prescription requires completion of an undergraduate degree in exercise science, or related health and science fields. Please contact the Department of Kinesiology or visit www.kins.uconn.edu/ (<http://www.kins.uconn.edu/>) for instructions on how to apply.

Requirements

Course	Title	Credits
KINS 5507	Fundamentals of Exercise Prescription	3
KINS 5508	Exercise Prescription for Individuals with Chronic Diseases and Health Conditions	3
KINS 5594	Fundamentals of Conducting Systematic Reviews	3
KINS 5595	Special Topics in Exercise Prescription	3
Total Credits		12

KINS 5507 Fundamentals of Exercise Prescription and KINS 5594 Fundamentals of Conducting Systematic Reviews need to be completed before KINS 5508 Exercise Prescription for Individuals with Chronic Diseases and Health Conditions.